

"I am firmly convinced that seeing you accounts for my diagnosis of no malignancy. My two doctors definitely believed that I did have cancer. I am so grateful. For me, Reiki is responsible for miracles."

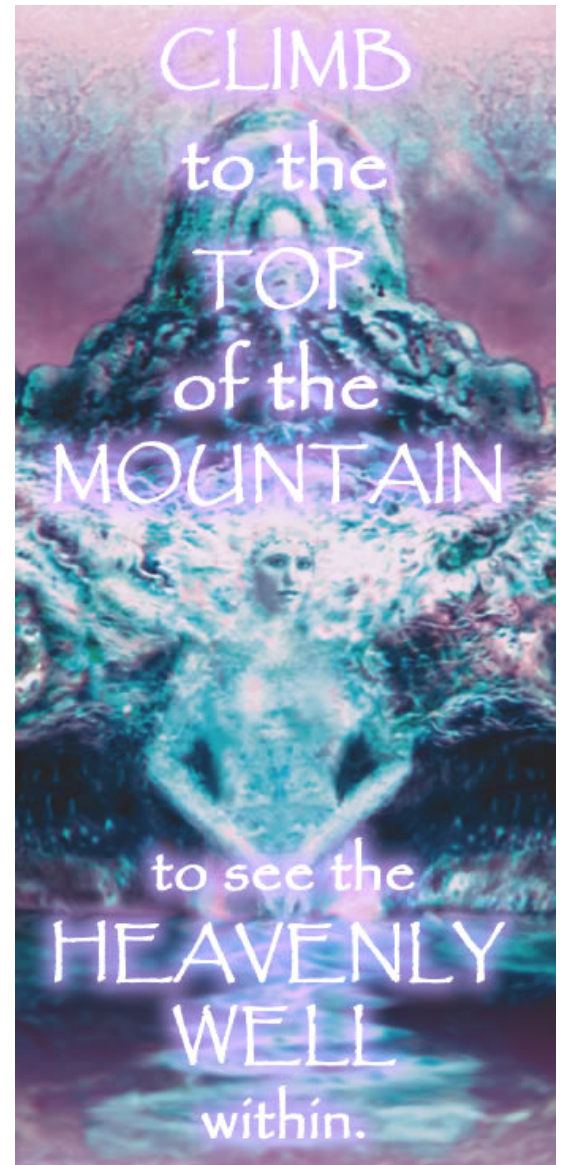
Helen, Beaufort, South Carolina

"My body pain was gone. I was able to stand up straight for the first time in a week. My head was cleared of stress and anxiety. It felt as if the weight of the world was finally off my shoulders."

Kris, Key West, Florida

"Through any doubt I may have had, you helped me to see things in a different light and to appreciate so many things that I have in my life."

Nicole, Cocoa Beach, Florida



Ariel

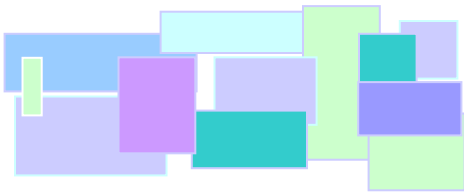
Esprit Healing

904-280-3698

[www.Healingbyariel.com](http://www.Healingbyariel.com)

## HEALING ....

- ∞ To make sound or whole; to restore to soundness or health.
- Ψ To cure a wound or disease.
- ∫ To restore to original purity or integrity.
- \* To reconcile a conflict or difference; to make whole; to free from guilt.



Every individual is unique and requires personal attention.

At Esprit Healing, your healing needs are assessed and taken into the deepest consideration when developing your unique healing session.

## -through- IN - TE - GRA - TION

Ariel uses a combination of the following healing methods during your session:

- ∞ Spirit Energy Counseling
- Ψ Reiki
- \* Cranial Sacral
- ∞ Somato Emotional Release
- \* Spirit Release
- Ψ Watsu/Waterdance
- ∫ Environmental Clearing

## Ignite The Passion Of your Spirit.

Spiritual healing is an ongoing process, and your ability to reflect on where you've been and where you're going are imperative to your success.

You will be given the tools you need to continue healing yourself whenever you desire.



Celebrate yourself as you reach new levels of healing.

904-280-3698

for appt.

## Watsu and Waterdance

Feel yourself floating in someone's arms in warm water that gently lifts every time you breathe in, its warmth penetrating and melting the tension in your body. Drift into deeper levels of relaxation as your body is stretched to become incredibly free.

Float into a level of being where there is such joy and peace and wholeness that tension and trauma disappear.

This is WATSU.

Feel yourself transforming into a dolphin-like being as your body does a beautiful dance of submergence into the depths of warm water and emergence into the light. Allow yourself to be taken to incredible depths of emotional and physical healing as you release control of your body and allow it to blend with your spirit, recapturing the magnificence of who you truly are.

This is WATERDANCE.

## Environmental Clearing

Geologists have scientifically established that lines of energy run along the Earth's surface, forming a grid system. Ley Lines carry positive energy, while Geopathic and Harttman Lines carry negative or harmful energy.

If these negative energy lines are running through your home or business, they can cause physical disease, discomfort, delayed healing, recurring illness, mental anxiety or emotional stress.

These negative lines can be eliminated from your environment through

- ✪ Dowsing to assess the energy
- ✪ Energetic clearing and positive charging of the environment
- ✪ Creating a protective grid using sacred geometry

## Ariel – Esprit Healing

Phone: 904-280-3698

[www.healingbyAriel.com](http://www.healingbyAriel.com)

Spirit Energy Counseling

Connect with Pe'lana, a spirit energy from a higher realm. Experience the unique combination of Pe'lana's passionate fire energy and gentle nurturing energy as she shares wisdom, counsel and healing with you.

Allow Pe'lana to take you to the higher realms by clearing issues at a cellular level and reprogramming to a higher vibration frequency, allowing you to see everyday situations from a spiritual perspective.

Past lives may be explored to gain insight on how they may be impacting your life. You may choose to have Pe'lana birth your own spirit energy through an intensive creation process to achieve true

LIGHT-NESS-OF-BEING.

## Cranial-Sacral and Somato Emotional Release

Allow your inner physician to create total health by encouraging the cranial-sacral system, the core system of your body, to release any blocks from trauma and to restore balance to your body.

Trauma can originate from physical injuries, mental stress, emotional distress or under-nurtured spiritual needs.

When these issues are unresolved they can create energy cysts in the body. Combining Cranial-Sacral and Somato Emotional Release invites your body to release energy cysts through gentle assessment and encouragement, allowing an adjustment for maximum well being on all levels.

## Reiki

Experience this ancient Tibetan healing art, as universal-healing energy is channeled through light and loving touch.

Reiki is commonly used to treat chronic and acute physical problems, emotional and mental distress, and to assist in achieving spiritual focus and clarity.

Then move on to personal empowerment through Reiki attunements and classes, which will allow you to provide Reiki healing to yourself and others.

Give the gift of Reiki –  
Give the gift of Love.

## Spirit Release

Sometimes the spirits of those who have passed on are trapped in-between stages. These spirits can attach to a living being and cause physical, emotional, or mental problems.

Indications of this include the following: not feeling like yourself; feeling a heaviness, like you're just going through the motions; not accomplishing goals; feeling depressed; having uncontrollable cravings or addictions despite attempts at behavioral changes; or experiencing recurring illness.

These symptoms may result from spirit attachments and negative earth energies. Free yourself and help these souls find their way to the light. Learn ways to protect yourself and retain your energy, strength, and well being.